

OSHA 30 Training

The OSHA 30 hour training course for general industry is designed to help foremen, supervisors, managers, safety committee members, safety staff, and others with responsibility for workplace safety get up to speed on the basics of general health and safety regulations for their workplace. The OSHA 30 hour general industry training course also provides students with an overview of how the Occupational Safety and Health Administration (OSHA) operates. There are no prerequisites required to take the 30-hour general industry course.

The OSHA 30 hour training course for general industry is based on the federal OSHA 1910 general industry regulations, and each student at an on site class will receive their own copy of the OSHA general industry standards as part of their 30-hour course materials. We also address state-specific OSHA requirements, where applicable. This OSHA 30 general industry training course is intended for operations such as factories and most other manufacturing sites,

The following topics are covered in the OSHA 30 hour general industry training course:

- Introduction to OSHA
- Managing Safety and Health
- Walking and Working Surfaces
- Exit Routes, Emergency Action Plans, Fire Prevention and Protection
- Electrical
- Personal Protective Equipment
- Materials Handling
- Hazard Communication
- Hazardous Materials
 - Flammable and Combustible Liquids
 - Spray Finishing
 - Compressed Gases
 - Dipping and Coating Operations
- Permit-Required Confined Spaces
- Lockout / Tagout
- Machine Guarding
- Welding, Cutting, and Brazing
- Introduction to Industrial Hygiene
- Respiratory Protection
- Industrial Noise and Hearing Conservation
- Bloodborne Pathogens
- Ergonomics
- Fall Protection
- Safety and Health Programs
- Powered Industrial Trucks (forklifts)